

School _____

Teacher _____

Area 3 Special Olympics Track and Field Data Sheet

TO REGISTER: Complete 1 data entry form for each athlete. Please measure times and distances accurately to ensure that each athlete is seeded correctly. ***Must be in meters! (NO LATE Registration)***

Fax registrations by April 1, 2016 to:

866-542-1860

Athlete's Name _____

Sex _____

Date of Birth _____

Date of Medical _____

Date of Release _____

| <u>EVENT</u> | <u>NOTES</u> | <u>TRACK TIMES</u> | <u>FIELD MEASUREMENTS</u> |
|------------------------------------|---|--|----------------------------|
| 25 meter manual wheelchair race | Only manual w/c allowed. Athlete must do this event independently. | ____ minutes ____ seconds ____ minutes ____ seconds | |
| 25 meter motorized wheelchair race | Only motorized w/c allowed. Athlete must do this event independently. | ____ minutes ____ seconds ____ minutes ____ seconds | |
| 10 meter assisted walk | Athlete may use assistive devices. Athlete may not receive assistance from a person. | ____ minutes ____ seconds ____ minutes ____ seconds | |
| 50 meter assisted walk | Athlete may use assistive devices. Athlete may not receive assistance from a person. | ____ minutes ____ seconds ____ minutes ____ seconds | |
| 50 meter dash | Athlete must be able to run (not walk) 50 meters without assistance. | ____ seconds ____ seconds | |
| 100 meter dash | Athlete must be able to run (not walk) 100 meters without assistance. | ____ seconds ____ seconds | |
| 200 meter dash | Athlete must be able to run (not walk) 200 meters without assistance. | ____ seconds ____ seconds | |
| 400 meter run | <i>Please see and complete the 400 meter run form.</i> | <i>See 400 meter run form</i> | |
| Softball throw | Athlete must have the strength to throw a softball 3 times without assistance. | | ____ meters ____ meters |
| Wheelchair Tennis ball throw ** | Same rules as softball throw. This event is for lower ability athletes who cannot throw a softball. | | ____ meters ____ meters |
| Standing long jump | Athlete must be able to jump 3 times without assistance. | | ____ meters ____ meters |

**** Athlete must be in a wheelchair to participate in this event.**